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		2	3	4	Avg Nutrients Target Cals... 668 89% Chol... 86* mg Sodium, 763 mg Fiber.. 8.5* g Sugar 14.3*g 8.6%Cal Prot 27.9*g 16.7%Cal Carb 88.9g 53.2%Cal T.Fat 23.1g 31.1%Cal S.Fat 4.4g 6.0%Cal
		Nutrients Target Cals... 1017 120% Chol... 189 mg Sodium, 1003 mg Fiber.. 11.9 g Sugar 10.0*g 3.9%Cal Prot 38.0g 14.9%Cal Carb 122.8g 48.3%Cal T.Fat 42.1g 37.3%Cal S.Fat 7.7g 6.8%Cal	Nutrients Target Cals... 596 79% Chol... 59* mg Sodium, 819 mg Fiber.. 8.5* g Sugar 18.6*g 12.5%Cal Prot 31.5*g 21.2%Cal Carb 84.4g 56.7%Cal T.Fat 15.4g 23.3%Cal S.Fat 3.9g 5.9%Cal	Nutrients Target Cals... 390 52% Chol... 10* mg Sodium, 469 mg Fiber.. 5.2* g Sugar 14.5*g 14.8%Cal Prot 14.2*g 14.6%Cal Carb 59.4g 61.0%Cal T.Fat 11.7g 27.1%Cal S.Fat 1.8g 4.1%Cal	
7	8	9	10	11	Avg Nutrients Target Cals... 809 100% Chol... 96* mg Sodium, 1434 mg Fiber.. 12.4* g Sugar 26.2*g 12.9%Cal Prot 36.2*g 17.9%Cal Carb 117.1g 57.9%Cal T.Fat 23.3g 25.9%Cal S.Fat 8.2g 9.1%Cal
	Nutrients Target Cals... 860 101% Chol... 83* mg Sodium, 1301 mg Fiber.. 10.5* g Sugar 13.9*g 6.5%Cal Prot 44.4*g 20.6%Cal Carb 108.6g 50.5%Cal T.Fat 29.0g 30.3%Cal S.Fat 8.6g 9.0%Cal	Nutrients Target Cals... 755 100% Chol... 174* mg Sodium, 1220 mg Fiber.. 12.7* g Sugar 21.6*g 11.5%Cal Prot 32.4*g 17.2%Cal Carb 100.6g 53.3%Cal T.Fat 24.2g 28.8%Cal S.Fat 7.8g 9.3%Cal	Nutrients Target Cals... 914 108% Chol... 165* mg Sodium, 1472 mg Fiber.. 12.2* g Sugar 35.5*g 15.5%Cal Prot 47.0*g 20.6%Cal Carb 125.1g 54.7%Cal T.Fat 25.9g 25.5%Ca	Nutrients Target Cals... 621 83% Chol... 22* mg Sodium, 1048 mg Fiber.. 6.2* g Sugar 34.9*g 22.5%Cal Prot 26.4*g 17.0%Cal Carb 98.1g 63.2%Cal T.Fat 15.4g 22.4%Cal S.Fat 5.2g 7.5%Cal	
14	15	16	17	18	Avg Nutrients Target Cals... 700 93% Chol... 52* mg Sodium, 1243 mg Fiber.. 10.6* g Sugar 17.6*g 10.0%Cal Prot 29.1*g 16.7%Cal Carb 109.6g 62.6%Cal T.Fat 17.9g 23.0%Cal S.Fat 5.8g 7.5%Cal
Nutrients Target Cals... 401 54% Chol... 37* mg Sodium, 1028 mg Fiber.. 3.7* g Sugar 1.8*g 1.8%Cal Prot 23.9*g 23.8%Cal Carb 58.6g 58.5%Cal T.Fat 9.2g 20.7%Cal S.Fat 6.5g 14.6%Cal	Nutrients Target Cals... 673 90% Chol... 36* mg Sodium, 1251 mg Fiber.. 13.6* g Sugar 9.3*g 5.5%Cal Prot 31.7*g 18.8%Cal Carb 108.5g 64.5%Cal T.Fat 12.5g 16.7%Cal S.Fat 4.0g 5.4%Cal	Nutrients Target Cals... 836 100% Chol... 47* mg Sodium, 1430 mg Fiber.. 8.1* g Sugar 39.8*g 19.1%Cal Prot 24.0*g 11.5%Cal Carb 132.1g 63.2%Cal T.Fat 25.2g 27.2%Cal S.Fat 7.8g 8.4%Cal	Nutrients Target Cals... 881 104% Chol... 38* mg Sodium, 1506 mg Fiber.. 14.5* g Sugar 35.6*g 16.1%Cal Prot 38.8*g 17.6%Cal Carb 147.7g 67.0%Cal T.Fat 18.1g 18.5%Cal S.Fat 5.4g 5.5%Cal	Nutrients Target Cals... 709 95% Chol... 101* mg Sodium, 1003 mg Fiber.. 12.9* g Sugar 1.3*g 0.8%Cal Prot 27.4*g 15.4%Cal Carb 101.0g 56.9%Cal T.Fat 24.2g 30.7%Cal S.Fat 5.4g 6.8%Cal	
21	22	23	24	25	Avg Nutrients Target Cals... 769 100% Chol... 71* mg Sodium, 1042 mg Fiber.. 13.1* g Sugar 20.1*g 10.4%Cal Prot 32.9*g 17.1%Cal Carb 114.2g 59.4%Cal T.Fat 21.3g 24.9%Cal S.Fat 6.2g 7.3%Cal
Nutrients Target Cals... 863 101% Chol... 64* mg Sodium, 970 mg Fiber.. 13.6* g Sugar 18.3*g 8.5%Cal Prot 30.8*g 14.3%Cal Carb 117.9g 54.7%Cal T.Fat 30.3g 31.6%Cal S.Fat 7.3g 7.6%Cal	Nutrients Target Cals... 841 100% Chol... 45* mg Sodium, 1308 mg Fiber.. 19.3* g Sugar 24.7*g 11.8%Cal Prot 38.5*g 18.3%Cal Carb 130.5g 62.1%Cal T.Fat 21.6g 23.1%Cal S.Fat 7.5g 8.0%Cal	Nutrients Target Cals... 808 100% Chol... 174* mg Sodium, 1233 mg Fiber.. 9.7* g Sugar 32.0*g 15.9%Cal Prot 31.8*g 15.8%Cal Carb 116.7g 57.8%Cal T.Fat 24.3g 27.0%Cal S.Fat 7.8g 8.7%Cal	Nutrients Target Cals... 728 97% Chol... 47* mg Sodium, 607 mg Fiber.. 14.7* g Sugar 23.6*g 12.9%Cal Prot 36.8*g 20.2%Cal Carb 117.1g 64.4%Cal T.Fat 13.5g 16.7%Cal S.Fat 2.9g 3.6%Cal	Nutrients Target Cals... 608 81% Chol... 25* mg Sodium, 1092 mg Fiber.. 8.0* g Sugar 1.8*g 1.2%Cal Prot 26.5*g 17.5%Cal Carb 88.7g 58.4%Cal T.Fat 16.6g 24.6%Cal S.Fat 5.6g 8.3%Cal	
28	29	30			Avg Nutrients Target Cals... 771 100% Chol... 47* mg Sodium, 1283 mg Fiber.. 10.4* g Sugar 16.8*g 8.7%Cal Prot 35.3*g 18.3%Cal Carb 115.3g 59.8%Cal T.Fat 20.5g 23.9%Cal S.Fat 7.1g 8.3%Cal
Nutrients Target Cals... 699 93% Chol... 34* mg Sodium, 1626 mg Fiber.. 8.1* g Sugar 13.1*g 7.5%Cal Prot 29.9*g 17.1%Cal Carb 119.2g 68.1%Cal T.Fat 16.1g 20.7%Cal S.Fat 7.1g 9.1%Cal	Nutrients Target Cals... 899 106% Chol... 50* mg Sodium, 1134 mg Fiber.. 17.1* g Sugar 7.9*g 3.5%Cal Prot 42.4*g 18.9%Cal Carb 131.7g 58.6%Cal T.Fat 21.4g 21.4%Cal S.Fat 7.3g 7.3%Cal	Nutrients Target Cals... 715 95% Chol... 58* mg Sodium, 1089 mg Fiber.. 6.1* g Sugar 29.4*g 16.4%Cal Prot 33.8*g 18.9%Cal Carb 95.1g 53.2%Cal T.Fat 24.0g 30.2%Cal			

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