

FOODS IN THE ZOO

MAY

		1	2	3	Avg Nutrients Target
		Nutrients Target Cals... 554 111% Fiber.. 4.2* g Calcium 319.6 mg Sugar 0.2*g 0.1%Cal Carb 107.1g 77.3%Cal T.Fat 8.3g 13.5%Cal S.Fat 4.1g 6.7%Cal	Nutrients Target Cals... 552 110% Fiber.. 6.5* g Calcium 360.7 mg Sugar 42.9*g 31.0%Cal Carb 110.0g 79.7%Cal T.Fat 6.0g 9.7%Cal S.Fat 1.5g 2.4%Cal	Nutrients Target Cals... 620 124% Fiber.. 6.4* g Calcium 317.4 mg Sugar 33.4*g 21.6%Cal Carb 105.5g 68.0%Cal T.Fat 16.9g 24.5%Cal S.Fat 7.5g 10.8%Cal	Cals... 575 115% Fiber.. 5.7* g Calcium 332.6 mg Sugar 25.5*g 17.7%Cal Carb 107.5g 74.8%Cal T.Fat 10.4g 16.2%Cal S.Fat 4.4g 6.8%Cal
6	7	8	9	10	Avg Nutrients Target
Nutrients Target Cals... 502 100% Fiber.. 6.1* g Calcium 725.4 mg Sugar 8.1*g 6.4%Cal Carb 91.6g 73.0%Cal T.Fat 6.7g 12.1%Cal S.Fat 1.5g 2.6%Cal	Nutrients Target Cals... 586 117% Fiber.. 6.1* g Calcium 363.0 mg Sugar 34.7*g 23.7%Cal Carb 123.8g 84.5%Cal T.Fat 4.9g 7.5%Cal S.Fat 1.1g 1.7%Cal	Nutrients Target Cals... 396 99% Fiber.. 2.5* g Calcium 313.6 mg Sugar 16.8*g 17.0%Cal Carb 77.6g 78.4%Cal T.Fat 4.5g 10.2%Cal S.Fat 2.3g 5.2%Cal	Nutrients Target Cals... 495 100% Fiber.. 3.2* g Calcium 302.6 mg Sugar 0.0*g 0.0%Cal Carb 64.6g 52.2%Cal T.Fat 11.0g 19.9%Cal S.Fat 2.8g 5.1%Cal	Nutrients Target Cals... 546 109% Fiber.. 6.3* g Calcium 362.3 mg Sugar 12.4*g 9.1%Cal Carb 84.3g 61.8%Cal T.Fat 17.0g 27.9%Cal S.Fat 7.5g 12.3%Cal	Cals... 505 101% Fiber.. 4.8* g Calcium 413.4 mg Sugar 14.4*g 11.4%Cal Carb 88.4g 70.0%Cal T.Fat 8.8g 15.7%Cal S.Fat 3.0g 5.4%Cal
13	14	15	16	17	Avg Nutrients Target
Nutrients Target Cals... 435 100% Fiber.. 4.1* g Calcium 369.9 mg Sugar 1.2*g 1.1%Cal Carb 65.9g 60.7%Cal T.Fat 9.8g 20.3%Cal S.Fat 3.5g 7.2%Cal	Nutrients Target Cals... 636 127% Fiber.. 4.1* g Calcium 405.1 mg Sugar 32.0*g 20.2%Cal Carb 115.8g 72.9%Cal T.Fat 14.1g 20.0%Cal S.Fat 3.5g 4.9%Cal	Nutrients Target Cals... 595 119% Fiber.. 5.6* g Calcium 322.4 mg Sugar 30.5*g 20.5%Cal Carb 117.7g 79.2%Cal T.Fat 8.1g 12.3%Cal S.Fat 4.1g 6.2%Cal	Nutrients Target Cals... 491 100% Fiber.. 5.4* g Calcium 397.3 mg Sugar 9.1*g 7.5%Cal Carb 73.9g 60.2%Cal T.Fat 5.8g 10.6%Cal S.Fat 1.5g 2.7%Cal	Nutrients Target Cals... 620 124% Fiber.. 6.4* g Calcium 317.4 mg Sugar 33.4*g 21.6%Cal Carb 105.5g 68.0%Cal T.Fat 16.9g 24.5%Cal S.Fat 7.5g 10.8%Cal	Cals... 555 111% Fiber.. 5.1* g Calcium 362.4 mg Sugar 21.3*g 15.3%Cal Carb 95.8g 69.0%Cal T.Fat 10.9g 17.7%Cal S.Fat 4.0g 6.5%Cal
20	21	22	23	24	Avg Nutrients Target
Nutrients Target Cals... 497 100% Fiber.. 6.1* g Calcium 369.9 mg Sugar 0.2*g 0.1%Cal Carb 98.6g 79.4%Cal T.Fat 4.8g 8.7%Cal S.Fat 1.1g 2.0%Cal	Nutrients Target Cals... 508 102% Fiber.. 2.3* g Calcium 497.1 mg Sugar 22.6*g 17.8%Cal Carb 93.9g 73.9%Cal T.Fat 6.9g 12.2%Cal S.Fat 3.7g 6.5%Cal	Nutrients Target Cals... 554 111% Fiber.. 4.2* g Calcium 319.6 mg Sugar 0.2*g 0.1%Cal Carb 107.1g 77.3%Cal T.Fat 8.3g 13.5%Cal S.Fat 4.1g 6.7%Cal	Nutrients Target Cals... 479 100% Fiber.. 3.4* g Calcium 756.6 mg Sugar 8.1*g 6.7%Cal Carb 66.6g 55.6%Cal T.Fat 6.7g 12.6%Cal S.Fat 1.5g 2.7%Cal	Nutrients Target Cals... 546 109% Fiber.. 6.3* g Calcium 362.3 mg Sugar 12.4*g 9.1%Cal Carb 84.3g 61.8%Cal T.Fat 17.0g 27.9%Cal S.Fat 7.5g 12.3%Cal	Cals... 517 103% Fiber.. 4.4* g Calcium 461.1 mg Sugar 8.7*g 6.7%Cal Carb 90.1g 69.7%Cal T.Fat 8.7g 15.2%Cal S.Fat 3.6g 6.2%Cal
27	28	29	30	31	Avg Nutrients Target
	Nutrients Target Cals... 579 116% Fiber.. 4.1* g Calcium 352.4 mg Sugar 0.2*g 0.1%Cal Carb 64.8g 44.8%Cal T.Fat 21.1g 32.8%Cal S.Fat 6.1g 9.5%Cal	Nutrients Target Cals... 587 117% Fiber.. 4.8* g Calcium 317.4 mg Sugar 33.4*g 22.8%Cal Carb 116.2g 79.1%Cal T.Fat 8.1g 12.5%Cal S.Fat 4.1g 6.3%Cal	Nutrients Target Cals... 545 109% Fiber.. 6.1* g Calcium 381.4 mg Sugar 41.0*g 30.1%Cal Carb 107.8g 79.1%Cal T.Fat 6.1g 10.1%Cal S.Fat 1.5g 2.5%Cal	Nutrients Target Cals... 620 124% Fiber.. 6.4* g Calcium 317.4 mg Sugar 33.4*g 21.6%Cal Carb 105.5g 68.0%Cal T.Fat 16.9g 24.5%Cal S.Fat 7.5g 10.8%Cal	Cals... 583 117% Fiber.. 5.4* g Calcium 342.2 mg Sugar 27.0*g 18.5%Cal Carb 98.5g 67.6%Cal T.Fat 13.0g 20.1%Cal S.Fat 4.8g 7.4%Cal

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